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**Latest News/Upcoming Events**



4-H Youth Leadership Lab Puts Agricultural Careers in

the Spotlight  
June 22, 2009

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Freddie L. Richards Named Dean of the College of Agriculture and Human

Sciences and Cooperative Extension Administrator  
April 1, 2009

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Agriculture & Natural Resources  
Family & Consumer Sciences  
4-H & Youth Development  
Community & Economic Development

**HEADQUARTERS STAFF**

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P.O. Box 519, Mail Stop #2001



**PROGRAM SUMMARY**

The Agriculture and Natural Resources unit of the Cooperative Extension Program is the primary educational outreach unit of the university that disseminates research based knowledge to agricultural producers. County and specialist staffs assist small scale farmers and ranchers to become self sustaining and profitable.

**LINKS**

- [Texas Department of Agriculture](#)
- [Sustainable Agriculture Research and Education \(SARE\)](#)
- [U.S .Department of Agriculture](#)

**PROGRAM AREAS**

To learn more about the Agriculture and Natural Resources Unit, select one of the items below:

- [Farm Financial Management and Marketing](#)
- [Sustainable Livestock and Crop Production](#)
- [Water Quality and Environmental Issues](#)

**PUBLICATIONS**

- [Pasture Management](#)
- [Water Quality](#)
- [Environmental Issues](#)
- [Lawn & Gardening](#)
- [Livestock](#)

Contact Dr. Nelson Daniels for updated information regarding recent publications.

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Phone: 936.261.5112

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**PROGRAM SUMMARY**

The Family and Consumer Sciences component of the Cooperative Extension Program recognizes that strong families are important to a prosperous and productive society. The family is the major provider of joy, security, values and goals. The Extension staff works to plan and deliver research-based family focused programs in health and well being, parenting, life skills and nutrition to underserved clientele, but, not excluding other audiences, that will serve as a catalyst to improve the quality of living.

[Read More](#)

**LINKS**

- [Children, Youth, and Families at Risk Program](#)
- [Kids Health](#)
- [Families World Wide](#)
- [Dietary Guidelines for Americans](#)
- [American Heart Association](#)
- [Agricultural Research Service/What's in the Foods You Eat-Search Tool](#)
- [National Network for Health](#)
- [American Diabetes Association](#)
- [National Heart Lung and Blood Institute](#)

**PROGRAM AREAS**

To learn more about the Family & Consumer Sciences Unit, select one of the items below:

- [Parenting](#)
- [Financial Resource Management](#)
- [Nutrition & Health](#)

**PUBLICATIONS**

[FCS Newsletter Archive](#)

**HEADQUARTERS STAFF**

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### PROGRAM SUMMARY

The Cooperative Extension 4-H & Youth Development Program at Prairie View A&M University officially started in 1985. Prior to 1985 the youth program was called the Recreation and Outdoor Education Program. Trained professionals and paraprofessionals used fun wagons that contained recreational and camping activities to attract young people and teach them to use their leisure time constructively.

### Mission Statement

Prepare youth to meet the challenges of childhood, adolescence and adulthood, through a coordinated, long-term, progressive series of educational experiences that enhance life skills and develop social, emotional, physical and cognitive competencies.

**4-H Creed:** Learn by doing

**4-H Motto:** To make the best better

### What is 4-H?

4-H is... Learning by doing, and is available to all boys and girls in the 3rd through 12th grades, from urban, suburban and rural areas. First, an adult leader brings together youth that have common interests. Second, the youth choose one or more projects. Projects are chosen from among 100 project areas offered, or if you don't see the one you like, you can create your own project. Third, the group enrolls as a club, and fourth meets together to learn and have FUN. Clubs are able to explore 4-H activities, events and trips. In 4-H there are events happening all year round.

### Who is 4-H for?

ALL YOUTH and adults  
Ages 5-8: Clover Kids (non-competitive activities)  
Ages 9-13: Sub-Juniors, Juniors, and Intermediates (name

### PROGRAM AREAS

To learn more about The 4-H & Youth Development Unit, select one of the items below:

[Job Force Preparation, Career Development and Entrepreneurial Skills](#)

[Leadership Development and Citizenship](#)

[4-H Agriculture and Natural Resources](#)

[4-H Volunteerism and Mentoring Life Skills Development](#)

### ADDITIONAL INFORMATION

### 4-H Pledge:

I pledge:  
My head to clearer thinking  
My heart to greater loyalty  
My hands to larger service  
My health to better living  
For my club, my community, my country, and my world.

### What is a 4-H Club?

These are the traditional clubs that have been, and will continue to be, the basic unit and foundation of the 4-H program. Clubs may be organized on a project basis or on a community basis.

\* In a PROJECT club, all members of about the same age work on the same project area together.

Ages 8-10: Cub 4-Hers, 4-Hers, and Intermediates (name depends on area of state)

Ages 14-19: Senior 4-H

[Read More](#)

#### LINKS

[National 4-H Council](#)

[4-H Brand Network](#)

[Texas AgriLife Extension](#)

\* A COMMUNITY club includes a larger number of members of various ages who work on a variety of projects.

#### How Do I Join 4-H?

Contact your Extension Agent - 4-H (CEP) to sign up for a 4-H club in your area.

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## Community & Economic Development

The Cooperative Extension Program (CEP) was established at Prairie View A & M University in 1972. County staff were advised to assist clientele in all the areas they could to help them improve their level of living. The Community & Economic Development program grew out of the numerous requests of clientele and the need to improve community and economic conditions.

Today, all CEP agents work in community and economic development, devoting approximately 20% of their time to this program area. It is generally said that one cannot work in the other program areas without performing work in this program area.

There is no clear cut definition for community development. Community development means different things to many people. As one writer said, community development is people from many different groups all pulling together to solve problems.

### Community and Economic Development has five emphases areas.

- Leadership
- Housing
- Facilities Acquisition and Maintenance
- Community Enhancement
- Business Development

Strategic planning for the overall Extension program has started. County and headquarters staff were involved in compiling the issues identified by stakeholders at the local level and further identified issues at the state level. After processing the information, it was determined that the Community and Economic Development program will have three areas of emphasis over the next five years.

### Economic Growth and Development

- Housing
- Community Development

- Special Project
- Rural Business and Economic Development

### Latest News/Upcoming Events



Ext. Uses OrganWise Guys to Promote Exercise and Healthy Eating Habits

October 18, 2006.

[Read More](#)

[Agriculture & Natural Resources](#)  
[Family & Consumer Sciences](#)  
[4-H & Youth Development](#)  
[Community Development](#)

### Contact Information

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