Early Intervention and Education Program Alcohol and Drug Education Program

Despite current educational and prevention efforts, some students make high-risk choices around alcohol and other drug use and need intervention. Students may refer themselves to our office, or be mandated to our office through the University Student Conduct Office. The Early Intervention and Education Program (EIEP) is a multilevel educational program designed to meet the individual needs of students who have made high-risk choices. The Early Intervention and Education Program is designed to meet the individual needs of students referred for drug and alcohol and other conduct violations. In addition to sanctioned referrals, the program offers individual assessment, counseling, and/or treatment referral. NOTE: There is a $100 fee assessed to students referred to any of the educational programs as part of a judicial sanction, services are free to those who self-refer to any of the services provided by the Alcohol and Drug Education Program. There are several components of the Early Intervention and Education Program, including:

- **Anger Management/Conflict Resolution**: CALM (Controlling Anger and Learning to Manage It Program) is based on the premise of "Anger and aggression appear to be part of a complex, inborn response to (primarily physical) threat. The prevalence of anger and aggression suggests that it is impossible to eliminate them completely. However, it is desirable and feasible to reduce the frequency, intensity, and duration of anger, especially when no real danger exists. The reduction of these aspects of anger will help to lessen the likelihood of the occurrence of aggression, the cluster of behaviors associated with the feeling of anger."

- **Alcohol and Drug**: A brief alcohol and drug abuse prevention and harm reduction program for college students involving interactive journaling. Has as its primary goal, to move a student in the direction of reducing risky behaviors and harmful effects from drinking, as opposed to focusing explicitly on a specific drinking goal such as abstinence or reductions in drinking. Throughout the course students are presented with information and then they are able to reflect on what they have learned as it relates to their choices about drinking in their personal journals. The program is presented in a non-confrontational manner that enables students to make their own decisions about alcohol consumption. Because the central focus of this program is to help students make informed choices.

- **Domestic Violence**: This program is a dynamic multimedia presentation using videos and frank discussion to help participants understand how to better assist victims of domestic violence. We will look at the behavior of victims and abusers and help you identify behaviors and develop effective early intervention tips.

- **Hazing**: The mission of the University guides its key goal of promoting healthy student development and positive campus climates through research, information sharing, and the development and dissemination of evidence-based hazing prevention and intervention strategies. At present, the lack of awareness and understanding about hazing and its causes is pervasive and is a major impediment to the development of effective intervention and prevention strategies.